## **Sun Protection Procedure.**

Here at Holyrood Playgroup we take the care of every child seriously this includes while inside and out, and in all weathers. We will ensure that all staff understand the importance of sun protection and are a positive role model to the children in our care by having discussions with the children about their safety in the sun and also wearing suitable clothing and hats.

## Please note;

- $\sim$  In high UV levels the children will not be exposed to the sun for more than 15 mins at a time.
- $\sim$  We will encourage the children to play in the shade , especially at peak times of sun heat ( between 11.00 3.00 pm ).
- ~ Outdoor activities will be arranged to allow the children to play in the shade.
- $\sim$  We appreciate that when the sun is out the children want to get out but we have to be mindful of the damage that can happen to a Childs skin if burnt and this doesn't need to be a very sunny day to do this, the damage can happen and will affect your child when they are older.
- ~ The sun emits harmful ultraviolet (UV) radiation, which can damage your skin, in fact any tan is a sign of damage to your skin!!
- $\sim$  We ask that you apply sun cream of at least a factor 30 + to your Childs exposed skin before they come to playgroup and please leave sun cream in their plastic bags so we can re-apply as and when necessary.
- $\sim$  We will do our bit to protect your child so please if you could do the same we can all have a great time outside in the better weather.